

CITY OF CARLSBAD PARKS AND RECREATION

LIFEGUARD ACADEMY 2012

Become a Lifeguard for the summer:

- Lifeguarding is an exciting and rewarding job.
- Employment opportunities will exist at the Monroe Street Pool for summer 2012.
- The Academy is designed to provide qualified participants with certifications above and beyond the requirements for a pool lifeguarding position.
- Graduates receive American Red Cross Certifications in: Lifeguard Training; Cardiopulmonary Resuscitation for the Professional Rescuer (CPR-FPR); Title 22 First Aid for Public Safety Personnel; Automated External Defibrillation (AED) Essentials; and Oxygen Administration for the Professional Rescuer.

Prerequisites: Must be at least 15 years of age and have the ability to swim 300 meters continuously, using front crawl and breaststroke; swim 20 m, surface dive to a depth of 10 feet, retrieve a 10 pound brick, return to the wall with the object and exit the pool in 1:40 or less.

Fee: \$220 with a \$20 discount for Carlsbad residents.

Schedule:

Date: Tuesday, January 10, 2012	Time: 6:00 p.m. – 9:15 p.m.	PRE-COURSE SWIM TEST
Date: Thursday, January 12, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Saturday, January 14, 2012	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, January 17, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, January 19, 2012	Time: 6:00 p.m. – 9:15 p.m.	
Date: Saturday, January 21, 2012	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, January 24, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, January 26, 2012	Time: 6:00 p.m. – 9:15 p.m.	
Date: Saturday, January 28, 2012	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, January 31, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, February 2, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Saturday, February 4, 2012	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, February 7, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, February 9, 2012	Time: 6:00 p.m. – 9:15 p.m.	
Date: Saturday, February 11, 2012	Time: 8:00 a.m. – 12:00 p.m.	
Date: Tuesday, February 14, 2012	Time: 6:00 p.m. – 9:15 p.m.	
Date: Thursday, February 16, 2012	Time: 6:00 p.m. – 9:15 p.m.	
Date: Tuesday, February 21, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, February 23, 2012	Time: 6:00 p.m. – 9:00 p.m.	
Date: Saturday, February 25, 2012	Time: 8:00 a.m. – 12:00 p.m.	

For additional information please call the Monroe Street Pool at 760-602-4685.